



INFORMATION • EMPLOYMENT • TRAINING • CRISIS SUPPORT • TRANSPORTATION • FOOD STORES • SETTLEMENT • COUNSELLING • SUPPORTIVE LIVING

Caledon Community Services is currently looking for an energetic individual to share their experience, time, and skills through activation activities with seniors living in our Caledon Village Supportive Living Building. (1640 Maple Grove Road, Caledon Village, Hwy 10 and Charleston Sdrd.)

Activation programming in our Supportive Living buildings is focused on health promotion, pain management and peer networking.

If you are a trained therapist (Yoga, Reiki, Tai Chi, or fitness instructor) and have 2 hours a week to volunteer by facilitating a class in any of the above therapies, we would love to hear from you!

If you are interested in joining our CCS volunteer team, and want to share your skills to make a difference, please contact Michelle Stubbs, Manager Volunteer & Community Relations at 905.951.2300 ext 211 or mstubbs@ccs4u.org

www.ccs4u.org

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